

**2016 Pan-Orthodox Youth and
Camp Workers' Conference:**
Feed my Sheep

When Crisis Comes to Camp

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Presentation Outline

1. Preventing a crisis?
2. Developing a “response team”
3. Rapport & Active Listening versus Problem-solving
4. Small group activity with case scenarios

Preventing a crisis?

- Camper policies manual
 - Parent(s) needs to acknowledge policies
 - Possible sections:
Camper eligibility; Special needs children; immunizations; illnesses; Medications; Zero tolerance policy; Electronics policy; Bag check?; and Camper misconduct
 - Parental responsibility?
 - Reasonable accommodation?
- Letter to campers/parents before camp

Response Team

- Crises difficult to predict when/where/how.
- Use a team approach
- Confidentiality
- 2-4 people. Include camp chaplain
- Remember your role/Boundaries
- Influence of ethnicity, gender, SES, education on situation?
- Sometimes you have to “be the guy” to stand up and do the right and difficult thing.

Developing Rapport

- Powerful relationships can develop at camp.
- Emotion, spirituality, and adolescence—oh my!
- Employing a more person-centered approach to the situation.
- Think back to psych 101 and Humanistic theory.

Humanistic Theoretical Orientation

- **Person-centered approach-(Carl Rogers, Ph.D.)**

Reflection of feeling –

Paraphrasing client's words to capture the emotional tone expressed

- **Person-Centered Approach**

- **3 Necessary and sufficient conditions for change**

- *Therapeutic relationship and Genuineness-* honest and build rapport
- *unconditional positive regard-* full acceptance
- *empathetic understanding-* “psychological mirror” and active listening.

- **Active Listening vs. Problem-solving**

Small Group Activity

- Difficult scenarios
- Every “response team” needs to think through what is the correct response for them in that moment/situation.
- May have different requirements by state.
- Resources available?
- You can’t “fix” everything.
- What is your role?
- Reasonable accommodation?